



PRINCETON SENIOR CENTER  
**November 2023**

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---|--|--|---|--|
| <b>30</b><br>9:30am <b>Yoga</b><br>11:00am <b>Piano Chords</b><br>12:15pm <b>Piano</b><br>1:30pm <b>Cribbage</b><br>2:00pm <b>Mahjong</b> | <b>31</b> <i>Meals on Wheels</i><br>8:30am <b>Pickleball</b><br>2:00pm <b>Bridge</b>   | <b>1</b><br>8:30am <b>Pickleball</b><br>9:00am <b>Board Meeting</b><br>9:30am <b>Yoga</b><br>10:00am <b>Zoom Fitness</b><br>11:00am <b>SHINE</b>                                     | <b>2</b><br>10:30am <b>Chair Yoga</b><br>1:00pm <b>Open Studio</b><br>1:00pm <b>Spice of Life</b><br>2:00pm <b>Needlework</b><br>2:00pm <b>Coloring Kits</b>                              | <b>3</b><br>8:30am <b>Pickleball</b><br>10:00am <b>Men's Group</b><br>10:30am <b>Stretch &amp; Flow</b>                                      |
| <b>6</b><br>9:30am <b>Yoga</b><br>11:00am <b>Piano Chords</b><br>12:15pm <b>Piano</b><br>1:30pm <b>Cribbage</b><br>2:00pm <b>Mahjong</b>  | <b>7</b> <i>Meals on Wheels</i><br>8:30am <b>Pickleball</b><br>2:00am <b>Duplicate Bridge</b>  | <b>8</b><br>8:30am <b>Pickleball</b><br>9:30am <b>Yoga</b><br>10:00am <b>Zoom Fitness</b><br>11:00am <b>SHINE</b>  | <b>9</b><br>10:30am <b>Chair Yoga</b><br>1:00pm <b>Open Studio</b><br>1:00pm <b>Bead Workshop</b><br>1:00pm <b>Open Studio</b><br>2:00pm <b>Spice of Life</b><br>2:00pm <b>Needlework</b> | <b>10</b><br>8:30am <b>Pickleball</b><br>10:00am <b>Men's Group</b><br>10:30am <b>Stretch &amp; Flow</b>                                     |
| <b>13</b><br>9:30am <b>Yoga</b><br>11:00am <b>Piano Chords</b><br>12:15pm <b>Piano</b><br>1:30pm <b>Cribbage</b><br>2:00pm <b>Mahjong</b> | <b>14</b> <i>Meals on Wheels</i><br>8:30am <b>Pickleball</b><br>8:30am <b>Footcare</b><br>10:00am <b>PMLD Luncheon</b><br>2:00pm <b>Bridge</b> | <b>15</b><br>8:30am <b>Pickleball</b><br>9:30am <b>Yoga</b><br>10:00am <b>Zoom Fitness</b><br>10:00am <b>SHINE</b><br>11:00am <b>Advance Directives</b><br>2:00pm <b>Senior Hike</b> | <b>16</b><br>10:30am <b>Chair Yoga</b><br>12:00pm <b>Paper Globes</b><br>1:00pm <b>Open Studio</b><br>1:00pm <b>Spice of Life</b><br>2:00pm <b>Needlework</b>                             | <b>17</b><br>8:30am <b>Pickleball</b><br>9:00am <b>Senior Food Pantry</b><br>10:00am <b>Men's Group</b><br>10:30am <b>Stretch &amp; Flow</b> |
| <b>20</b><br>9:30am <b>Yoga</b><br>11:00am <b>Piano Chords</b><br>12:15pm <b>Piano</b><br>1:30pm <b>Cribbage</b><br>2:00pm <b>Mahjong</b> | <b>21</b> <i>Meals on Wheels</i><br>8:30am <b>Pickleball</b><br>2:00pm <b>Bridge</b>   | <b>22</b><br>CLOSED  | <b>23</b><br>CLOSED   | <b>24</b><br>CLOSED  |
| <b>27</b><br>9:30am <b>Yoga</b><br>11:00am <b>Piano Chords</b><br>12:15pm <b>Piano</b><br>1:30pm <b>Cribbage</b><br>2:00pm <b>Mahjong</b> | <b>28</b> <i>Meals on Wheels</i><br>8:30am <b>Pickleball</b><br>8:30am <b>Footcare</b><br>2:00pm <b>Bridge</b>                                 | <b>29</b><br>8:30am <b>Pickleball</b><br>9:30am <b>Yoga</b><br>10:00am <b>Zoom Fitness</b><br>11:00am <b>SHINE</b>   | <b>30</b><br>10:30am <b>Chair Yoga</b><br>1:00pm <b>Spice of Life</b><br>2:00pm <b>Needlework</b>   | <b>1</b><br>8:30am <b>Pickleball</b><br>10:00am <b>Men's Group</b><br>10:30am <b>Stretch &amp; Flow</b>                                      |