

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>29</b> CLOSED Memorial Day</p>	<p><b>30</b> Meals on Wheels 10:30am <b>Pastels</b> 2:00pm <b>Bridge</b></p>	<p><b>31</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b> 1:00pm <b>Mental Health Lecture</b></p>	<p><b>1</b> 10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 1:00pm <b>Spice of Life</b> 2:00pm <b>Needlework</b></p>	<p><b>2</b> 10:00am <b>Men's Group</b> 10:30am <b>Stretch &amp; Flow</b></p>
<p><b>5</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b> 12:15pm <b>Piano</b> 1:30pm <b>Cribbage</b> 2:00pm <b>Mahjong</b></p>	<p><b>6</b> Meals on Wheels 10:30am <b>Pastels</b> 2:00pm <b>Bridge</b></p>	<p><b>7</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b> 2:00pm <b>Coloring Kits</b></p>	<p><b>8</b> 10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 1:00pm <b>Spice of Life</b> 2:00pm <b>Needlework</b></p>	<p><b>9</b> 10:00am <b>Men's Group</b> 10:30am <b>Stretch &amp; Flow</b></p>
<p><b>12</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b> 12:15pm <b>Piano</b> 1:30pm <b>Cribbage</b> 2:00pm <b>Mahjong</b></p>	<p><b>13</b> Meals on Wheels 9:00am <b>Footcare</b> 10:30am <b>Pastels</b> 11:30am <b>Support Group</b> 2:00pm <b>Bridge</b></p>	<p><b>14</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b> 2:00pm <b>Talking Book</b></p>	<p><b>15</b> 10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 1:00pm <b>Spice of Life</b> 2:00pm <b>Needlework</b></p>	<p><b>16</b> 9:00am <b>Senior Food Pantry</b> 10:00am <b>Men's Group</b> 10:30am <b>Stretch &amp; Flow</b></p>
<p><b>19</b> CLOSED Juneteenth</p>	<p><b>20</b> Meals on Wheels 10:30am <b>Pastels</b> 2:00pm <b>Bridge</b></p>	<p><b>21</b> 9:00am <b>Board Meeting</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b> 10:00am <b>SHINE</b> 10:00am <b>Senior Hike</b> 1:00pm <b>Book Club</b></p>	<p><b>22</b> 10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 1:00pm <b>Spice of Life</b> 2:00pm <b>Needlework</b></p>	<p><b>23</b> 10:00am <b>Men's Group</b> 10:30am <b>Stretch &amp; Flow</b></p>
<p><b>26</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b> 12:15pm <b>Piano</b> 1:30pm <b>Cribbage</b> 2:00pm <b>Mahjong</b></p>	<p><b>27</b> Meals on Wheels 9:00am <b>Footcare</b> 10:30am <b>Pastels</b> 11:30am <b>Support Group</b> 2:00pm <b>Bridge</b></p>	<p><b>28</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b></p>	<p><b>29</b> 10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 1:00pm <b>Spice of Life</b> 2:00pm <b>Needlework</b></p>	<p><b>30</b> 10:00am <b>Men's Group</b> 10:30am <b>Stretch &amp; Flow</b></p>

**ATTENTION  
VETERANS!**

**VETERANS BENEFITS HAVE INCREASED!** You may be eligible for additional benefits. If you need veteran services, please reach out to **Lynette Gabrila** at the Veterans Service Office at **978-630-4017** or email **LGabrila@gardner-ma.gov**