



PRINCETON SENIOR CENTER
March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 9:30AM Yoga 10:00AM Zoom Fitness 12:30PM Piano 2:00PM Mahjong	31 <i>Meals on Wheels</i> 9:30AM Walking Club 2:00PM Bridge	1 9:00AM Board Meeting 9:30AM Yoga 10:00AM Zoom Fitness 2:00PM Coloring Kits	2 10:30AM Chair Yoga 1:00PM Open Studio 2:00PM Needlework	3 10:00AM Men's Group 10:30AM Stretch & Flow
6 9:30AM Yoga 10:00AM Zoom Fitness 12:30PM Piano 1:30PM Cribbage 2:00PM Mahjong	7 <i>Meals on Wheels</i> 9:30AM Walking Club 1:00PM Elder Bus Talk 2:00PM Bridge	8 9:30AM Yoga 10:00AM Zoom Fitness 1:00PM Town Buzz	9 10:30AM Chair Yoga 1:00PM Open Studio 2:00PM Needlework	10 10:00AM Men's Group 10:30AM Stretch & Flow
13 9:30AM Yoga 10:00AM Zoom Fitness 12:30PM Piano 1:30PM Cribbage 2:00PM Mahjong	14 <i>Meals on Wheels</i> 9:00AM Footcare 9:30AM Walking Club 2:00PM Bridge	15 9:30AM Yoga 10:00AM Zoom Fitness 10:00AM SHINE 10:30AM CPR Training 1:00PM Senior Hike	16 10:30AM Chair Yoga 1:00PM Open Studio 2:00PM Needlework	17 9:00AM Senior Food Pantry 10:00AM Men's Group 10:30AM Stretch & Flow
20 9:30AM Yoga 10:00AM Zoom Fitness 12:30PM Piano 1:30PM Cribbage 2:00PM Mahjong	21 <i>Meals on Wheels</i> 9:30AM Walking Club 12:30PM Produce Market 2:00PM Bridge	22 9:30AM Yoga 10:00AM Zoom Fitness 1:00PM Town Buzz 1:00PM Book Club	23 10:30AM Chair Yoga 1:00PM Open Studio 2:00PM Needlework	24 10:00AM Men's Group 10:30AM Stretch & Flow
27 9:30AM Yoga 10:00AM Zoom Fitness 12:30PM Piano 1:30PM Cribbage 2:00PM Mahjong	28 <i>Meals on Wheels</i> 9:00AM Footcare 9:30AM Walking Club 2:00PM Bridge	29 9:30AM Yoga 10:00AM Zoom Fitness 11:00AM Scams & Frauds	30 10:30AM Chair Yoga 1:00PM Spring Centerpiece Workshop 2:00PM Needlework	31 10:00AM Men's Group 10:30AM Stretch & Flow