



PRINCETON SENIOR CENTER

Events for January 2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|
| <p>2 CLOSED</p> | <p>3 <i>Meals on Wheels</i> 9:30AM Walking Club 2:00PM Bridge</p> | <p>4 9:00AM Board Meeting 9:30AM Yoga 10:00AM Zoom Fitness 12:00PM Coloring</p> | <p>5 1:00PM Herbs & Spices 2:00PM Needlework 2:00PM Cribbage</p> | <p>6 10:00AM Men's Group 10:30PM Stretch & Flow</p> |
| <p>9 9:30AM Yoga 10:00AM Zoom Fitness 12:30PM Piano 2:00PM Mahjong</p> | <p>10 <i>Meals on Wheels</i> 9:00AM Footcare 9:30AM Walking Club 2:00PM Bridge</p> | <p>11 9:30AM Yoga 10:00AM Zoom Fitness 1:00PM Town Buzz</p> | <p>12 11:30AM Hearts to Home Luncheon 2:00PM Needlework 2:00PM Cribbage</p> | <p>13 10:00AM Men's Group 10:30PM Stretch & Flow</p> |
| <p>16 CLOSED</p> | <p>17 <i>Meals on Wheels</i> 9:30AM Walking Club 12:30PM Produce Market 2:00PM Bridge</p> | <p>18 9:30AM Yoga 10:00AM Zoom Fitness 11:00AM SHINE 1:00PM Senior Hike 1:00PM Book Club</p> | <p>19 2:00PM Needlework 2:00PM Cribbage</p> | <p>20 9:00AM Senior Food Pantry 10:00AM Men's Group 10:30PM Stretch & Flow</p> |
| <p>23 9:30AM Yoga 10:00AM Zoom Fitness 12:30PM Piano 2:00PM Mahjong</p> | <p>24 <i>Meals on Wheels</i> 9:00AM Footcare 9:30AM Walking Club 2:00PM Bridge</p> | <p>25 9:30AM Yoga 10:00AM Zoom Fitness 11:00AM Cannabis Lecture 1:00PM Town Buzz 2:00PM Volunteer Tea</p> | <p>26 2:00PM Needlework 2:00PM Cribbage</p> | <p>27 10:00AM Men's Group 10:30PM Stretch & Flow</p> |
| <p>30 9:30AM Yoga 10:00AM Zoom Fitness 12:30PM Piano 2:00PM Mahjong</p> | <p>31 <i>Meals on Wheels</i> 9:30AM Walking Club 2:00PM Bridge</p> | <p>1 9:30AM Yoga 10:00AM Zoom Fitness 12:00PM Chocolate Tasting</p> | <p>2 2:00PM Needlework 2:00PM Cribbage</p> | <p>3 10:00AM Men's Group 10:30PM Stretch & Flow</p> |