



# January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>CLOSED for NEW YEAR'S DAY</p>	<p><b>2</b> Meals on Wheels</p> <p>8:30am <b>Pickleball</b> 2:00pm <b>Bridge</b></p>	<p><b>3</b></p> <p>9:00am <b>Board Meeting</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b></p>	<p><b>4</b></p> <p>10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 2:00pm <b>Needlework</b> 2:00pm <b>Coloring Kits</b></p>	<p><b>5</b></p> <p>8:30am <b>Pickleball</b> 9:30am <b>Stretch &amp; Flow</b> 10:00am <b>Men's Group</b></p>
<p><b>8</b></p> <p>9:30am <b>Yoga</b> 11:00am <b>Piano Chords</b> 12:15pm <b>Piano</b> 1:30pm <b>Games</b> 2:00pm <b>Mahjong</b></p>	<p><b>9</b> Meals on Wheels</p> <p>8:30am <b>Pickleball</b> 8:30am <b>Footcare</b> 2:00am <b>Bridge</b></p>	<p><b>10</b></p> <p>9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b></p>	<p><b>11</b></p> <p>10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 2:00pm <b>Needlework</b></p>	<p><b>12</b></p> <p>8:30am <b>Pickleball</b> 9:30am <b>Stretch &amp; Flow</b> 10:00am <b>Men's Group</b></p>
<p><b>15</b></p> <p>CLOSED for MLK DAY</p>	<p><b>16</b> Meals on Wheels</p> <p>8:30am <b>Pickleball</b> 2:00pm <b>Bridge</b></p>	<p><b>17</b></p> <p>9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b> 10:00am <b>SHINE</b> 10:00am <b>Book Club</b> 2:00pm <b>Senior Hike</b></p>	<p><b>18</b></p> <p>10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 2:00pm <b>Needlework</b></p>	<p><b>19</b></p> <p>8:30am <b>Pickleball</b> 9:00am <b>Food Pantry</b> 9:30am <b>Stretch &amp; Flow</b> 12:00pm <b>Chili Chill-Chasing Party</b></p>
<p><b>22</b></p> <p>9:30am <b>Yoga</b> 11:00am <b>Piano Chords</b> 12:15pm <b>Piano</b> 1:30pm <b>Games</b> 2:00pm <b>Mahjong</b></p>	<p><b>23</b> Meals on Wheels</p> <p>8:30am <b>Pickleball</b> 2:00pm <b>Bridge</b></p>	<p><b>24</b></p> <p>8:30am <b>Pickleball</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b></p>	<p><b>25</b></p> <p>10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 2:00pm <b>Needlework</b></p>	<p><b>26</b></p> <p>8:30am <b>Pickleball</b> 9:30am <b>Stretch &amp; Flow</b> 10:00am <b>Men's Group</b></p>
<p><b>29</b></p> <p>9:30am <b>Yoga</b> 11:00am <b>Piano Chords</b> 12:15pm <b>Piano</b> 1:30pm <b>Games</b> 2:00pm <b>Mahjong</b></p>	<p><b>30</b> Meals on Wheels</p> <p>8:30am <b>Pickleball</b> 8:30am <b>Footcare</b> 2:00pm <b>Bridge</b></p>	<p><b>31</b></p> <p>8:30am <b>Pickleball</b> 9:30am <b>Yoga</b> 10:00am <b>Zoom Fitness</b></p>	<p><b>1</b></p> <p>10:30am <b>Chair Yoga</b> 1:00pm <b>Open Studio</b> 2:00pm <b>Needlework</b></p>	<p><b>2</b></p> <p>8:30am <b>Pickleball</b> 9:30am <b>Stretch &amp; Flow</b> 10:00am <b>Men's Group</b></p>