



February 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29</p> <p>9:30am Yoga 11:00am Piano Chords 12:15pm Piano 1:30pm Games 2:00pm Mahjong</p>	<p>30 <small>Meals on Wheels</small></p> <p>2:00pm Bridge</p>	<p>31</p> <p>9:30am Yoga 10:00am Zoom Fitness</p>	<p>1</p> <p>10:30am Chair Yoga 1:00pm Open Studio 2:00pm Needlework 2:00pm Coloring Kits</p>	<p>2</p> <p>9:30am Stretch & Flow 10:00am Men's Group</p>
<p>5</p> <p>9:30am Yoga 11:00am Piano Chords 12:15pm Piano 1:30pm Games 2:00pm Mahjong</p>	<p>6 <small>Meals on Wheels</small></p> <p>2:00pm Bridge</p>	<p>7</p> <p>9:00am Board Meeting 9:30am Yoga 10:00am Zoom Fitness</p>	<p>8</p> <p>10:30am Chair Yoga 1:00pm Open Studio 2:00pm Needlework</p>	<p>9</p> <p>9:30am Stretch & Flow 10:00am Men's Group</p>
<p>12</p> <p>9:30am Yoga 11:00am Piano Chords 12:15pm Piano 1:30pm Games 2:00pm Mahjong</p>	<p>13 <small>Meals on Wheels</small></p> <p>8:30am Footcare 2:00pm Bridge</p>	<p>14</p> <p>9:30am Yoga 10:00am Zoom Fitness 12:00pm Valentine Grab & Go!</p>	<p>15</p> <p>10:30am Chair Yoga 1:00pm Open Studio 1:00pm Felting Workshop 2:00pm Needlework</p>	<p>16</p> <p>9:00am Food Pantry 9:30am Stretch & Flow 10:00am Men's Group</p>
<p>19</p> <p>CLOSED for PRESIDENT'S DAY</p>	<p>20 <small>Meals on Wheels</small></p> <p>2:00pm Bridge</p>	<p>21</p> <p>9:30am Yoga 10:00am Zoom Fitness 10:00am Senior Hike 10:00am SHINE 1:00pm Book Club</p>	<p>22</p> <p>10:30am Chair Yoga 1:00pm Open Studio 2:00pm Needlework</p>	<p>23</p> <p>9:30am Stretch & Flow 10:00am Men's Group</p>
<p>26</p> <p>9:30am Yoga 11:00am Piano Chords 12:15pm Piano 1:30pm Games 2:00pm Mahjong</p>	<p>27 <small>Meals on Wheels</small></p> <p>8:30am Footcare 11:00am Artificial Intelligence Awareness 2:00pm Bridge</p>	<p>28</p> <p>9:30am Yoga 10:00am Zoom Fitness</p>	<p>29</p> <p>10:30am Chair Yoga 1:00pm Open Studio 2:00pm Needlework</p>	<p>1</p> <p>9:30am Stretch & Flow 10:00am Men's Group</p>