

2022 Lace 'Em Up Girls Basketball School

Details

2nd to Ninth graders
August 8-11, 2022
Wachusett Regional HS
9 am to 1 pm

School Goals

- ✓ To strengthen every player's individual offensive and defensive skills.
- ✓ To strengthen every player's understanding of team offensive and defensive principles.
- ✓ To deliver high-quality, personalized instruction in all phases of the game.

Features

- *Free T-shirt*
- *Camper of the Day Awards*
- *Camper of the Week Awards*
- *Daily Contests*

Daily Schedule

9:00-9:15 Announcements and stretching
9:15-10:55 Skill stations
10:55-11:20 Break
11:20-12:00 Three-on-three instruction
12:05-12:50 Skill competitions
12:50-1:00 Announcements and awards

Morning Break

Bring your own snacks and water bottle (both labeled).

Clothing

Wear appropriate basketball attire: sneakers, socks, gym shorts, and a T-shirt.

Discipline

Inappropriate behavior or damage to WRHS property will result in immediate dismissal from the school.

Director

Coach Jim Oxford is the girls' varsity head coach at Wachusett Regional High School. "Coach Ox" played college basketball at Montreat College in North Carolina.

2021 Coaching Staff And Counselors

Current Wachusett Girls
Basketball Players

Registrations are always
accepted the first day of
camp too!

Lace 'Em Up Girls Basketball School Application

Camper: _____ Age: _____ Grade: _____
Parent/Guardian's Name: _____
Address: _____ Town: _____
Telephone number: _____ Emergency number: _____
E-mail address: _____ T-Shirt Size: S M L XL
Please list any medical issues you'd like us to be aware of: _____

I, the parent/guardian, agree by enrolling my child in this camp, that she is physically and mentally able to participate in all of the school's activities. In case of an emergency, I understand that an attempt will be made to contact a parent/guardian. If a parent/ guardian cannot be reached, I hereby give permission to the camp staff to seek medical treatment or to hospitalize my child if necessary. I understand that my medical insurance is expected to cover the cost of any treatment for my child. I agree not to hold the Lace 'Em Up Girls Basketball School responsible for any bodily injury which may occur to my daughter while she is attending this school. I understand that the Wachusett Regional School District is not sponsoring this camp.

Parent/guardian signature: _____ Date: _____

Tuition per camper: \$140.00.

Make checks payable to: Wachusett Regional School District

Mail applications to: Lace 'em Up Basketball School

ATTN: Jim Oxford

101 Monarch Street

Leominster, MA 01453

For more information: coachjimoxford@yahoo.com or 978-696-1845 (c) 978-728-4788 (h)