

Princeton, MA Council on Aging

Regular Meeting Wednesday, April 5th, 9 am (time changed due to lunch today)

Meeting opened at 9 am with Bill Andrysick, Linda Farineau, Bev Kohlstrom, and Terry Thompson in attendance. Jane Fife and Nancy Wheeler were unable to attend.

We were unable to approve the minutes from the March meeting as we did not have them / Nancy, secretary, was not in attendance. (She was home making raisin sauce for today's luncheon event, the re-schedule for the Mabel and Jerry play and luncheon). ☺

We discussed the events that are planned for this month / food etc.

April 26th luncheon, Prescription Advantage. Kathy Devine from the MA Executive Office of Elder Affairs will be coming to conduct the program. She will be discussing the "donut hole" that folks can fall into when paying for their meds and the free state program that is able to help. Prizes and theme of table decorations will be donuts / holes.

Menu of stuffed sandwiches to be ordered from Hannafords; salad - Terry Thompson; chips - Bill Andrysick; cream puffs - Nancy Wheeler; cookies - Linda / Hannafords; coffee and water. Set up will be 3:30 pm on Tuesday, 4/25. Linda already spoke with Phil to make sure that tables and chairs are set up ahead of time.

Talked about having a Veteran's lunch on Wednesday, May 24th to remember Memorial Day. We thought it might be nice to ask veteran's to wear their hats or uniforms to the event. Linda will contact Princeton's new Veteran's Agent to get her opinion / suggestions of who to get to present a program - a veteran or someone who can speak to having served our country. Linda is going to see about borrowing flags from the various branches of service from a friend of hers for this lunch / event.

We discussed a few ideas about menu but did not come up with a solid plan.

Thursday, May 11th, at 9:30 am Brunch. The Fraud Squad from Worcester will be coming. The "Fraud Squad Players" is a touring group of Family Services/RSVP Volunteers (must be age 55 years and older) who are committed to helping other seniors protect themselves against the ever-growing scams and frauds targeting them. The "squad" does so by acting out scripted scenes depicting real-life stories of attempts (too often successfully) by fraudsters to separate people from their money.

Brunch will consist of: bacon, eggs, fruit bowl, apple juice, toast and cinnamon French toast casserole. Linda will buy all the fruit and Beverly will slice / prep it.

Set up day is Wednesday, 5/10th at 3:30 pm.

Linda reported that she is working with Carole Groman of Footcare by Nurses to start having a monthly foot care clinic here at Princeton Center. The cost is \$35.00 - payable to FootCare by Nurses directly - so we do not have to get involved with the money. FCBN will provide invoices if needed so that the people can be reimbursed by their insurance if they qualify.

Sharon Nolli had wanted to come in May to present a program on healthy living and provide ice cream social for seniors. Linda will call her and reschedule to June - too many things in May. Weather should be better / warmer in June anyway.

June 7th will have a Parents' Day lunch to celebrate both Mother and Father's Day. Set up day before, June 6th at 3:30 pm. Macaroni salad??? Decide menu later. Entertainment / program - Beverly suggests the NEADS program. They had done a program for her for another organization and it was WONDERFUL!!!

No board meeting in July.

Meeting adjourned at 10:30 am to finish getting things ready for the play and lunch.

Respectfully Submitted,

Linda Farineau, Princeton CoA director