

TOWN OF PRINCETON  
COUNCIL ON AGING BOARD MEETING MINUTES  
TUESDAY, FEBRUARY 5, 2019  
12:15 P.M.

PRINCETON SENIOR CENTER, 206 WORCESTER ROAD

PRESENT: COUNCIL MEMBERS: Barbara Guthrie, Beverly Kohlstrom, Wendy Pape, Terry Thompson, Michael Warren  
DIRECTOR: Aimee Kindorf  
ADVISORY MEMBER: William Andrysick  
UNABLE TO ATTEND: COUNCIL MEMBERS: Jane Fife, Susan Stolberg

The January 8, 2019 meeting minutes were approved as presented.

UPDATE ON PRINCETON SENIOR AND COMMUNITY CENTER SPACE. Building renovations have begun and at the moment, construction is running ahead of schedule. Lighting fixtures, flooring and paint colors have been selected. Samples of the flooring and paint colors were shown to the Board. Colorist, Melissa Ruttle of Princeton, volunteered her time to help with the color selections. Two new electric stoves have been purchased. (Due to the age and unknown condition, it was decided not to use the stove that is located in the Princeton Center.) The refrigerator and cabinetry in the current COA office will be moved upstairs. Furniture needs will be best determined once the new space is occupied. Tentative opening date may be sometime in April. Who will be responsible for the daily cleaning of the space has yet to be determined as well as the division of expense costs as the space will be used by the COA, the Princeton Arts Society and other community/town committees/groups.

FUTURE PROGRAMMING. The Valentine's Day party will be held on Wednesday, February 13, 2019 starting at 1:00 p.m. Patsy Mollica will perform. The Princeton Girl Scout Troop has been approached to make Valentine cards for seniors attending the event. Cookies, cupcakes, tea and coffee will be served. Board members are asked to arrive at 12:15 for set up.

Mike Warren will host the first "Mens" Group on Friday, March 8, 2019. The program will be coffee and conversation. No decision has been made as to whether the group will be known as the "Dull Men's Club."

Andy Burgoyne, Business Development Sales Manager for Cornerstone Bank, will present a program on fraud schemes that affect senior citizens on Wednesday, March 13, 2019, 1:00 p.m. As a follow up, RSVP will present a theatrical program on the different scams that seniors need to be aware of in April or May. RSVP also manages a Senior Fraud Help Line which is sponsored by Harvard Pilgrim Health Care.

Discussion was held on whether to serve sandwiches at the March 26<sup>th</sup> "Welcome to Spring" luncheon. Aimee will check the cost of a catered corned beef luncheon prepared by O'Connor's Restaurant. Comedian, Steve Henderson will provide the entertainment.

The Thursday morning walking group has slowed down due to the cold weather but plans to start up again once it warms up. Rick Gardner will lead local hikes starting the 3<sup>rd</sup> or 4<sup>th</sup> Thursday in March. Starting time will be 3:00 p.m.

An Adult Driver's Education course designed by AARP and led by Mike Warren will be held on Thursday, May 23, 2019. It will be a 4 hour course with a break for lunch mid-day. Cost to attend is \$15.00 for AARP members and \$20.00 for non AARP members. Luncheon plans will be determined at the March board meeting.

Marty French will offer a 5 week course on "Balance for Life." Start date has yet to be determined. Fifteen people attended the first chair yoga class that began on Wednesday, January 30<sup>th</sup>.

Aimee requested that people contact her with other programming ideas.

CONGREGATE MEALS PLANNING. Aimee announced that she plans to get certified by taking the Safe Serve Course. Once the COA moves to its new location, Aimee suggested we have a MOC prepared luncheon. If successful, the Center could set up a schedule to hold these luncheons on a regular basis.

VOLUNTEER RECRUITMENT. The Volunteer Fair held on February 2<sup>nd</sup> was well attended by town boards and committees but there were only a few people who were looking for volunteer opportunities. One person signed up as a potential volunteer. The Board agreed that a good time to solicit volunteers would be at the grand opening of the new space. The need to define where volunteers are needed is critical. As we develop the "Friends of COA" organization, volunteers will be needed to join that group to help with fund raising for COA programs.

Aimee reported she had been approached by the town Recreation Director about starting a YAHOO program where young people and young families would volunteer their time helping senior citizens with tasks that may be difficult for seniors to handle. It was agreed that the types of jobs people may need help with needs to be determined before a help group is formed.

APPROVAL OF COA CHARGE DOCUMENT FROM THE SELECTBOARD. A revised document better defining board membership (terms) was approved by the COA board.

OTHER BUSINESS. Barbara shared an article that was in the Worcester Telegram about the Shrewsbury COA's plans to survey their town seniors for program ideas. The article also discussed accreditation of COA organizations. Aimee noted that it would be wise to determine accreditation criteria in connection with the renovation of our new space in case there were things we should/could do or should not do.

Meeting was adjourned at 1:55 p.m. NEXT MEETING: TUESDAY, MARCH 5, 2019, 12:15 P.M.