

TOWN OF PRINCETON
COUNCIL ON AGING BOARD MEETING MINUTES
TUESDAY, March 3, 2020
12:15 P.M.
PRINCETON SENIOR CENTER, 206 WORCESTER ROAD

PRESENT:	COUNCIL MEMBERS:	Jane Fife, Barbara Guthrie, Beverly Kohlstrom, Wendy Pape, Susan Stolberg (by conference call), Terry Thompson, Michael Warren (by conference call)
	DIRECTOR:	Aimee Kindorf
	ADMIN. ASSISTANT:	Nickole Boardman
UNABLE TO ATTEND:	ADVISORY MEMBER:	William Andrysick
GUEST:		Cindy Shea

Minutes of the February 4, 2020 meeting were approved as presented.

Town resident, Cindy Shea, presented her thoughts on some ways the COA could interact with Princeton Seniors. As a social worker she is particularly interested in helping to identify vulnerable seniors who live in Princeton. She presented a list of items that the COA might want or need to know about how individuals are handling activities of daily living and whether individuals have their own support system. The Board raised concerns about privacy and liability issues relative to how this type of information is collected and stored. The COA is sending a letter out to residents over the age of 75 introducing the COA to them. The letters will be followed up by phone calls which will give the staff an opportunity to introduce themselves to our senior residents. It was agreed to table the suggestion until a plan has been developed on how best to collect the information as well as how best to use any information that is collected.

Programming.

A St. Patrick's Day luncheon will be held on March 17th. Judy Breen will make a boiled dinner at the Center. 40-45 people will be served. Tickets are \$5.00. Singer, Dennis Coughlin will provide entertainment.

The Selectboard will hold a breakfast at the Center on March 27th at 8:00 a.m. A brief program will be held.

On April 3rd the girl scouts will host a spaghetti dinner and bingo night. The event will be limited to 20 people. Board members are asked to be on hand to help.

Sharon Nolli will host a "spring makeover" event on Tuesday, April 14th, at 12:45 p.m.

The first meeting of the book club will be held on Thursday, April 16th. The book to be discussed is "Boys in the Boat." Wendy noted that she will survey the people in attendance to determine if the meeting day can be moved around for future gatherings.

Mike Warren noted that the Men's Club is going well. Harry Strock is running the meetings in Mike's absence.

Aimee noted that the Zentangle art classes have not been finalized yet. She is hoping classes can begin in May.

A spring floral arrangement class, led by Lilacs, will be held on April 6th. Containers for the arrangement will be picked up from the recycle center.

A knitting group is now meeting weekly on Thursdays at 1:00 p.m. at the Center. A “learn to knit” class may start as part of the Thursday gathering.

The Center has been approached about offering a “Mindfulness Meditation” group. Aimee suggested that it start as a 4 week session.

A balance training is scheduled to be offered in Marlborough in late June. Aimee will take the training. A local teacher is also interested in being trained as well.

It has been suggested that the Center offer a community sing program. Aimee will put something in the next newsletter to see if there is interest in forming a singing group. Someone would also have to lead the group.

It was suggested that the Center offer a “Mother’s Day event. The program could be a tea along with “dining etiquette.”

Pen Pal Program. Letters written by the 3rd graders have been distributed to the participating adults. In 2 weeks, letters will go back to the students.

Girl Scout Cookie Distribution. Some of the cookies have been distributed. A list has been prepared as to who will receive the remaining boxes.

Volunteer Appreciation Luncheon. The first step would be to determine who/the number of people involved. The board agreed that something should be done to recognize the volunteers but no decision was made as to what would be done.

Other Business. Beverly reported that the trees at the Center School can be moved but not until the ground thaws. The Historical Society must give approval if they are to be replanted on the town common. The town DPW department will be approached to determine if they can move the trees. It was agreed that the memorial bench will be moved to the Senior Center.

Meeting was adjourned at 2:00 p.m.