

TOWN OF PRINCETON
COUNCIL ON AGING BOARD MEETING MINUTES
TUESDAY, FEBRUARY 4, 2020
12:15 P.M.
PRINCETON SENIOR CENTER, 206 WORCESTER ROAD

PRESENT:	COUNCIL MEMBERS:	Jane Fife, Barbara Guthrie, Beverly Kohlstrom, Terry Thompson, Michael Warren
	DIRECTOR:	Aimee Kindorf
	ADMIN. ASSISTANT:	Nickole Boardman
UNABLE TO ATTEND:	COUNCIL MEMBERS:	Wendy Pape, Susan Stolberg
	ADVISORY MEMBER:	William Andrysick

In the absence of board chair, Wendy Pape, Mike Warren, Vice Chair, presided over the meeting.

Minutes of the January 7, 2020 meeting were approved as presented.

FY20 Budget Status Update. Aimee reviewed the expenditure report submitted by the town treasurer through January 22, 2020. It was noted that the report was not dated. Expenditures are pretty much on target but no money has been drawn down for building repairs/maintenance. The formula grant is not included as funds are not expected until sometime in the spring. It was noted that the new TV would have to be hooked up to cable in the event the Center wanted to sponsor program events such as the super bowl, opening day for the Red Sox, etc. Discussion was also held on expanding "My Senior Center" software. It was decided to hold off adding on to the software until staff had more time and experience in using the program. It was noted that more groups are starting to use the Center during off hours. COA is on the watch to determine if the additional usage of the space will affect the COA budget.

Programming. Board members are asked to arrive around 11:00 a.m. to set up for the February 11th program. The luncheon will be set up in the middle room and the program in the larger room.

A St. Patrick's Day corned beef luncheon is being planned for March 17th. Singer, Dennis Coughlin, will be asked to provide entertainment.

The Selectboard is planning a senior breakfast on a Friday in March. Date is to be determined.

The Girl Scouts will hold a spaghetti supper/game night on Friday, April 3rd starting at 5:00 p.m. Board members are asked to help set up.

Sharon Nolli will hold a "spring Makeover" session on April 14, 2020 at 12:45 p.m.

The book club will begin in April. The first book will be "Boys in the Boat" and should be available in the library sometime in March. Wendy Pape will lead the book club.

Mike Warren noted that an average of 7-12 men attend the weekly "men's club" meetings. Mike would like to determine if some of the men would be willing to volunteer as drivers for people who do not have transportation to get to appointments/grocery shopping, etc.

The Wednesday morning balance class has been discontinued, at least for the rest of the winter. Diane Moore is adding a second class on Wednesdays at 1:00 p.m. Aimee noted she would like to fill the Wednesday, 11:00 a.m., exercise time slot with something else. Line dancing, zumba and pilates were all suggested as possibilities. It was noted that the COA should appeal to people with varying degrees of ability – i.e. – chair exercises to more strenuous types of exercise programs.

The Center is looking for a teacher to lead a Zentangle art class to begin sometime later in the spring. Aimee is also reaching out to “Lilacs” to lead a “spring arrangement” class perhaps in April.

Pen Pal Program. Adults and 3rd graders have been matched. The children will write the first letters. New people who have not been involved with the Center before have signed up to participate in the program.

Girl Scout Cookie Donation and Distribution. The Girl Scouts have 100 boxes of cookies to donate to Princeton senior residents. The Scouts will be at the Center on February 18th to distribute cookies. A plan will be developed to distribute cookies to home bound residents.

Outreach Letter. Aimee distributed a draft letter to be sent to Princeton Seniors over the age of 80 letting them know the services provided by the COA. It was noted that the letter should be geared to all seniors, not just folks that may need help and are hard to reach. It was agreed that the letter be mailed.

Other Business. Aimee noted that she is considering doing one newsletter during the summer months.

Starting in March, the Foot Care Clinic nurse will be in Princeton the second and fourth Tuesdays of the month. Fees are increasing: \$50/first visit. \$40/each subsequent visit. Aimee is exploring insurance coverage for this service. She also noted that she is researching what company Rutland uses for foot care services as it is a cheaper program from the company Princeton is using.

Beverly Kohlstrom noted that there are three trees and a bench located at the Central Street School that were donated in memory of past Princeton residents. She noted that these items should be moved now before they grow larger in anticipation of the school being torn down. It was suggested the trees could be moved to the town common and the bench could be moved to reside outside the COA office. Beverly will investigate the possibility of someone/a company donating their time to move the trees.

The meeting was adjourned at 1:50 p.m.