TOWN OF PRINCETON COUNCIL ON AGING BOARD MEETING MINUTES TUESDAY, JANUARY 7, 2020 12:15 P.M.

PRINCETON SENIOR CENTER, 206 WORCESTER ROAD

PRESENT: COUNCIL MEMBERS: Jane Fife, Barbara Guthrie, Beverly Kohlstrom, Susan Stolberg,

Terry Thompson, Michael Warren

DIRECTOR: Aimee Kindorf

ADMIN. ASSISTANT: Nickole Boardman

UNABLE TO ATTEND: COUNCIL MEMBER: Wendy Pape

ADVISORY MEMBER: William Andrysick

In the absence of board chair, Wendy Pape, Mike Warren, Vice Chair, presided over the meeting.

Minutes of the December 10, 2019 meeting were approved as presented.

FY21 Budget Meeting Update. Aimee reported the selectboard has approved the COA's proposed, level funded, budget as it was presented. Aimee will provide an updated financial statement for FY20 at the board's February meeting.

Upcoming Programming. Ukulele classes will resume this week. It is uncertain how long the classes will continue. The current teacher is unable to continue the lessons during the summer.

Sharon Nolli, Summit Elder Care, will do a presentation on "The Power of Positive Thinking:" on Tuesday, January 14th from 12:45-1:45.

A cultural grant has been approved for Steve Henderson to bring his program "Mabel & Jerry's Obstacles to the Altar" on Tuesday, February 11th. A luncheon, starting at 12:00, will be included. Menu will be sandwiches and dessert. No MOC luncheon will be served that day.

A cultural grant has also been approved to bring the "Hip Swayers" back for another concert. Discussion was held on holding the concert in the evening, outdoors, perhaps on the Common or near "Monti's" in the warmer weather.

Watercolor classes will resume. Two sessions are being considered – perhaps one in the morning and one in the afternoon on Fridays.

The Princeton High School Girl Scout troop is interested in serving a spaghetti supper and holding a game night. Tentative3 date is Friday, April 3, 2020, 5:00 p.m.

Guest Chef, Hamid Yazdanpanah, will be asked if he would prepare a Middle Eastern dinner for sometime in February or early March. It was suggested a \$5.00 fee be charged to attendees to help defray the cost of the food. Aimee will also determine from the chef, the maximum number of attendees. It was suggested that Patsy Mollica be approached about providing piano music during the dinner.

Other suggested activities to begin in the next two months include Zentangle, an art form, and establishing a book club. The addition of a second stretch class is being discussed, but no final decision has been made to date. Also, someone has approached the COA about teaching a Yoga/Pilates class.

Mike Warren reported the Men's club averages anywhere up to 12 people on a weekly basis. He suggested that some of the men in attendance might volunteer to provide transportation for Princeton elders who may need this type of service. Mike also suggested that we move forward in purchasing a TV to be used for programming.

Pen Pal Program. Plans are to begin the Pen Pal Program sometime in January. Seven people have signed up as of today's meeting. Twenty-seven people are needed if each of the students in the 3rd grade is to have a pen pal.

Outreach Efforts. Aimee noted that new people have been stopping at the Center to check out the space as well as coming to some of the classes.

Additional hams needed to be purchased at Christmas time as some people who did not sign up came and picked up a ham. A Girl Scout troop in town made 10 bags of cookies which were distributed to seniors in town. A member of the Boy Scout troop made up 10 baskets which were also distributed to elders in town.

The 4th grade Girl Scout troop has also expressed interest in doing something for the Senior Center.

Aimee noted that an Outreach letter will go out shortly to all Princeton residents over the age of 80.

Other Business. Since there has been some confusion about when/if the Center is open or to be opened when there is a snow storm, the following policy was approved. When school is cancelled, the COA will be closed. If there is a school delay, there will be no morning classes. If a storm falls on a Tuesday, the MOC luncheon will be held unless MOC cancels the event. The Center will open at noon on days when there is a school delay.

Meeting was adjourned at 1:50 p.m.