

COUNCIL ON AGING BOARD MEETING MINUTES
WEDNESDAY, OCTOBER 4, 2023
9:00 A.M.
PRINCETON SENIOR CENTER, 206 WORCESTER ROAD

PRESENT:	BOARD MEMBERS:	Barbara Guthrie, Wendy Pape (via zoom), Susan Stolberg, Mike Warren
	BOARD ALTERNATE:	Fran Thomas
	DIRECTOR:	Judith Webster
	ADMIN. & PROGRAM ASST:	Kelly Aveni
	ABSENT:	Jane Giumette, Bill Lindquist, Donna MacKenzie

Minutes of the September 6, 2023 meeting were approved as presented with the exception of the correction of Kelly Aveni's title.

Financial Report. It was agreed to put in a capital request for a new laminate floor to replace the carpet in the large room for next year. It was noted that the lease for the senior/community center has been renewed for another five years.

Summer Barbeque. \$1,252.00 was spent in preparation for the event. All food was saved and frozen except for the perishables. Some new tents were purchased. As part of the \$1,252. expenditure, \$400.00 was spent for the rental of the tables and chairs as the delivery was not cancelled in time. The performance of the Hip Swayers will need to be rescheduled.

Discussion was held regarding scheduling the event (possibly around Halloween) using an indoor venue. Judith agreed to check on the availability of using the Congregational Church for a luncheon. The possibility of finding a covered outdoor venue for future events such as the barbeque was also discussed. It was noted that if a large enough venue could not be found by the 15th of this month, perhaps a "Harvest" luncheon could be planned for later in the Fall. It was also suggested sloppy joes might be better suited for an indoor event rather than hamburgers.

Princeton Days. Judith reported that the COA participated in Princeton Days at Krashes Field by working with Growing Places to sell the spices the COA have been dehydrating. Packets were sold at \$6.00 each. Sage was the most popular spice. All the monies earned goes to Growing Places which in turn donates it back to the COA. Funds are still available to continue this project.

Programming/Services. Pickleball is being played on Tuesday, Wednesday and Friday mornings. More captains are needed.

A flu clinic will be held at the Center on October 11th from 9 a.m. – 12:00 noon. Barbara volunteered to help that morning. COVID vaccines will not be available.

On October 12th, a 2 hour CPR class will be held. Cost is \$22.00 for anyone who wants to be certified. It is possible that this 2 hour course can be held monthly.

A Shine representative will be on site at various times in October, November and December for questions/advice regarding open enrollment related to health insurance options.

The Princeton Arts Society is co-hosting a "Poetry & Pie" event with the COA on October 15th. This will be an intergenerational activity.

Bobbye Samdahl will lead a basketmaking workshop on October 25th. A second class may be held again in January or February.

Ted Reinstein from Channel 5's "Chronicle" will share some interesting "finds" located in New England as part of his "Who Knew" series on October 26th.

Judy Dino will lead a Paper Ornaments workshop on November 9th. Admission is free.

A Polymer Beads workshop will be offered on November 6th. The fee is unknown at this time.

The series of health lectures are on hold at this time while a new presenter can be found. Trinity Hospice will do a workshop on health directives.

A holiday centerpiece workshop will hopefully be offered closer to the holiday season. It is uncertain who the instructor will be.

Felting may be held in January.

Barbara noted that the bridge group will play "duplicate" bridge on the first Tuesday of the month starting in November. It will run from 2 – 5 p.m.

Data Projects. A mailing will be done to Princeton Seniors after the first of the year to capture people's demographic information and ask that they complete a program/services survey as well.

Fran is working on updating the census on seniors living in Princeton. It will include residents ages 60 and older.

New Business. The COA will be closed for the Thanksgiving holiday starting on Wednesday, November 22nd.

In response to a question about making the Center available for programming on Friday afternoons, it was stated that would not be possible due to the fact that no staff are available to be on site at that time.

Three people have received firewood that was donated to Princeton seniors.

It was suggested that approved COA board minutes and meeting agendas be sent regularly to members of the Selectboard. It was noted that this information is posted on the town website.

Fran questioned whether we should be planning an activity to bring to the residents of Wachusett House.

Meeting was adjourned at 11:00 a.m.

NEXT MEETING: WEDNESDAY, NOVEMBER 1, 2023, 9:00 A.M.