

COUNCIL ON AGING BOARD MEETING MINUTES
WEDNESDAY, AUGUST 2, 2023
9:00 A.M.
PRINCETON SENIOR CENTER, 206 WORCESTER ROAD

PRESENT:	BOARD MEMBERS:	Jane Giumette, Barbara Guthrie, William Lindquist, Donna MacKenzie, Wendy Pape, Susan Stolberg, Mike Warren
	BOARD ALTERNATE:	Fran Thomas
	DIRECTOR:	Judith Webster
	ASSISTANT DIRECTOR:	Kelly Aveni
	GUESTS:	Jen Greene, Robert Cummings

Minutes of the June 21, 2023 meeting were approved as presented.

Kelly Aveni, the COA's new Assistant Director, was introduced.

Financial Reports. No financial reports were available to date for FY24. Judith reported that the FY23 budget was overspent by approximately \$250.00.

Summer Barbeque will be held on Friday, September 22nd. Supplies are being ordered. Mike will ask for help from the mens group. It was suggested that clips be purchased to hold down the tablecloths. The menu was reviewed for additions/deletions. There will be seating for 100 people. Mike suggested that promotion of the event start now and be advertised on Facebook and Next door. Wendy suggested that mason jar table centerpieces be made by the needlework group.

Programming. 30 Farmer's Market Coupon books will be available for Princeton residents who qualify financially. This IS double the amount that were available last year. Three cords of split & delivered firewood is being donated to Princeton residents by Fran and Carl Thomas. The wood will be given out in half cord increments.

People have been signing up to play **Pickleball**. Two clinics have been held. The COA equipment will be used for seniors only.

Ice Cream will be available at the Senior Center today at 1:00 p.m. in recognition of **National Ice Cream Sundae Day**. Whipped Cream and a variety of toppings will be available to accompany the ice cream.

Cemetery Superintendent, Bruce Rollins, will give a talk on the history of the **Princeton cemeteries** on August 7th, at 11:00 a.m.

Conversational Spanish will be offered one day a week (perhaps Wednesdays) starting in September. Details are being worked out.

A number of **craft programs** are being planned for the Fall including Beading, Felting, Candle Making, Paper Ornaments, Baskets, etc. A workshop to make a holiday centerpiece will also be scheduled.

A **Flu Clinic** will be held on Wednesday, September 27th, from 9:00 – 12:00 at the Center. COVID boosters may be available as well.

Discussion was held concerning the large number of people attending **Chair Yoga** classes relative to the size of the room. It was suggested that perhaps 2 classes a week could be offered to eliminate the overcrowding.

New Business. Discussion was held concerning the printing of the newsletter/delivery back/mailling. Judith noted the printer wants the newsletter by a Monday in order to mail it back on a Friday. The newsletter has been late getting out to the public the last couple of months. Discussion was also held on publicizing events on the sandwich board outside by

the road. Also, it was suggested that COA activities be marketed in the Landmark and Redemption Rock News. Judith noted she would like to include in a newsletter, a two-page survey to be sent to Princeton Seniors which would ask for demographic information as well as programming suggestions. The town hall will be asked for an updated list of residents who are 60 years of age and over.

Harrington Farms has approached staff concerning the possibility of holding a senior holiday dinner this year.

It was suggested that the Center think about bringing back luncheons at the Center this year. It was suggested that we have a Valentine's Day event and another luncheon in late Spring.

It was noted that the handle on the Freezer Door is broken and needs to be repaired.

It was noted that the lease on the space occupied in the building ends on June 30, 2024. The Selectboard will discuss the lease renewal at an upcoming meeting.

Bob Cummings apologized for not letting the COA know about the Boston Post Cane ceremony for Warren Thorrell. It was not publicized as the family had expressed that they would prefer to have the ceremony be private.

The meeting was adjourned to 10:50 a.m.

NEXT MEETING: WEDNESDAY, SEPTEMBER 6, 2023, 9:00 A.M.