

COUNCIL ON AGING BOARD MEETING MINUTES  
WEDNESDAY, MARCH 1, 2023  
9:00 A.M.  
PRINCETON SENIOR CENTER, 206 WORCESTER ROAD

PRESENT:	BOARD MEMBERS:	Jane Giumette, Barbara Guthrie, Donna MacKenzie, Susan Stolberg (via zoom), Mike Warren
	BOARD ALTERNATE:	Fran Thomas
	DIRECTOR:	Judith Webster
	GUEST:	Linda Nash (via zoom)
	ABSENT:	William Lindquist, Wendy Pape

**Minutes** of the February 1, 2023 meeting were approved as presented.

**Financial Report FY23.** It was noted that the remaining funds in the capital expense line item of \$851.01 must be spent by the end of the fiscal year. Donations is a revolving account so may be carried over from year to year. The \$22,464 Income is EOEAF funds for fiscal FY22 and FY23. The fiscal report was approved as submitted.

**Housing Production Plan.** The State has approved the plan as submitted by the town. The Selectboard will now appoint a committee to develop next steps in implementing the strategies that were identified in the report.

**Friends Update.** It was suggested that Greater Worcester Community Foundation be approached for possible funding to develop a nonprofit "Friends of Princeton COA" organization. An accountant will be needed to assist in developing the organization. It was noted that Wendy will have more information about the process next month.

**Programming. Chat & Go** programs have not yielded a high attendance rate. It was suggested that coffee be offered to attendees of the monthly lectures following the lecture. Fifteen people have signed up for the CPR class. Lunch will be offered to attendees.

It was suggested that luncheons be planned at area restaurants. People would sign up ahead of time and everyone would meet at the chosen restaurant for the meal.

**AA Scams and Fraud** program will be put on by the Princeton Police Department on March 29<sup>th</sup>.

The **Volunteer Tea** will be held on Wednesday, March 12<sup>th</sup> at 2:00 p.m. Approximately 45 people have been sent a notice about the program. Sign up sheets will be available for people to sign up for things that they are interested in. More details will be available at the April board meeting.

**The Kathy Packard Centerpiece Workshop** will be held on Thursday, March 30<sup>th</sup>. Cost will be \$10/person.

**Line Dancing** will be offered on April 10, May 8 and June 5 from 9:30-11:30. Susan will check to see if the Hall at the Princeton Congregational Church could be used as it is a larger space.

A **Falls Prevention workshop** will be offered remotely by Tufts and Harvard hopefully in April. People can access the program from their home or at the Senior Center.

Plans are in the works to offer **Pickleball** on the basketball courts at Krashes Field. More information is needed re liability issues if someone gets hurt.

Through a grant of \$850 from the Cultural Council a **Pastels Class** will be offered for 6 weeks starting in April. An instructor has not been found to date.

A **beading class** has not been confirmed to date but may start in April. The charge will be \$10/person.

**Keyless Access/Handicap Access.** After investigating the cost of putting in a Keyless Access system, it was agreed to change the lock and get unduplicated keys. It was suggested that perhaps ARPA funds could be used to put in a Handicap Access system. Cost is estimated to be \$4,800 plus electrician costs. It was questioned whether government funds/building owner funds might be available for this project.

**Flooring Bids.** Bids are still being sought for this project. There has been a problem of flooring companies not responding to the request for bids. Cost is estimated to be over \$6,000.

**New Business.** Fran noted that the **MOC** meals served in Westminster seem to be better quality than the ones Princeton has been receiving. Fran will check with Westminster to see if their MOC meals come from a different location than where Princeton's comes from. Fran noted she would like to see the Princeton COA offer meals to those in need. It was suggested that perhaps the Elderbus could pick up people in Princeton and take them to other area Senior Centers that offer luncheon programs. There would have to be enough people interested to make it worthwhile. It was suggested that the COA offer some sort of outreach activity to the people living at Wachusett House.

**Office Items.** Suggestions for changing the sign-in system for group activities and developing a system for receiving COA mail on site were not helpful to Judith. Relative to changes in the phone system, messages were not able to be retrieved as the office has only one phone line. Installation of a second phone line is in the works. Messages can now be retrieved via email.

**Herbal Project.** Judith provided an update on the Herbal Project. Funding was secured for the Project from the Community Foundation of Central MA. Growing Places is the organization overseeing the project. Seven people from Princeton have expressed interest in getting involved. Three of the seven now have their safe serve certification. Growing Places will be asked to make a presentation about the project when the herbs are ready for distribution.

Donna asked that the COA look into offering a Felting class. It was also suggested that a presentation be considered around Prostrate Issues.

Meeting was adjourned at 11:45.

**NEXT MEETING: WEDNESDAY, APRIL 5, 2023, 9:00 A.M.**