

TOWN OF PRINCETON  
COUNCIL ON AGING BOARD MEETING MINUTES  
THURSDAY JULY 9, 2020  
10:30 A.M.  
VIRTUAL & IN PERSON MEETING

PRESENT:	COUNCIL MEMBERS:	Barbara Guthrie, Wendy Pape, Susan Stolberg, Terry Thompson, Michael Warren
	DIRECTOR:	Aimee Kindorf
	ADMIN. ASSISTANT:	Nickole Boardman

**Minutes of the June 4, 2020 meeting were approved as presented.**

**FY21 New Board Members Update.** Aimee noted that four candidates have applied for the 2 open positions. It was suggested that since there are only 2 board openings, the other 2 people be selected as alternates. They would be involved in board meetings and could provide program input but would not have a vote. Aimee agreed to check with town governance to determine if people who did tax write off work for the COA could be voting/nonvoting members of the COA board.

**Book Club.** Wendy noted the book club had its first meeting in June sitting outside in back of the Center. Five people attended. The Club's next meeting will be held on Tuesday, June 21<sup>st</sup> at 1:00 p.m. People are asked to bring their own chair.

**Emergency Food Boxes Distribution.** Sterling and Princeton COA's split an order that was donated by the government. The food must be given to seniors. The frozen food includes sausage links and patties, chicken patties, and blocks of cheese. Aimee will purchase jars of sauce and pasta to put with the meat and cheese. She will also include farmers' market coupons. Aimee has prepared a list of Princeton seniors who would be eligible to receive the food. The large packages of sausages will be kept to use at the Center when meals can once again be served as the packages would be difficult to split. The Center was asked if they would like an additional shipment but freezer space was not available at the time of the call. It was noted the First Church in Sterling has organized free meals for Sterling residents that are being cooked and distributed at Meadowbrook Farm.

**Outdoor Fitness Class Updates.** Classes will be offered through the months of July and August. Tai Chi is offered at 9:00 a.m. on Mondays and an Exercise/Strength/Balance class is being offered at 10:00 a.m. on Mondays. Marty French will offer an exercise class on Tuesday, July 14 and Tuesday, July 28 at 10:30 a.m. All classes are being held in the field behind the Center School. A suggested fee of \$5.00 will be collected for each class. The Thursday walking group is still being held as is Rick Gardner's walks.

**Outreach: Muffins/Treat Baskets.** To date no one has nominated anyone to receive a baked good with a little note saying "thinking of you." Aimee noted she has 3 people in mind and will advertise the program again. Local businesses will be used when purchasing the treats.

**Outreach: Letters & Art Project.** Children would be asked to write letters or prepare art work which could then be placed in a convenient drop box location. Letters/art work would be distributed to seniors.

Both outreach programs would be discontinued at the end of the summer.

**Plans for the Fall.** Since, at this time, everything is constantly evolving, the Board agreed to table this discussion until our August meeting.

**Other Business.** Aimee noted that there will be an article of happenings at the Center in the next issue of Redemption Rock News.

It was suggested that pictures that Denise Ducharme takes at the Center's events be put together as a collage and displayed at the Center. It would be done in such a way that it could be updated periodically.

Aimee will provide a budget update at our August meeting. Money will be encumbered from the FY20 budget for the purchase of a new refrigerator, kitchen and office supplies.

**NEXT BOARD MEETING: THURSDAY, AUGUST 6, 2020, 10:30 A.M.**

Meeting was adjourned at 11:50 a.m.