

TOWN OF PRINCETON
COUNCIL ON AGING BOARD MEETING MINUTES
WEDNESDAY, SEPTEMBER 4, 2019
5:30 P.M.
PRINCETON SENIOR CENTER, 206 WORCESTER ROAD

PRESENT: COUNCIL MEMBERS: Jane Fife, Barbara Guthrie, Beverly Kohlstrom, Wendy Pape,
Susan Stolberg, Terry Thompson, Michael Warren
DIRECTOR: Aimee Kindorf
ADMIN. ASSISTANT: Nicole Boardman
ADVISORY MEMBER: William Andrysick

Minutes of the August 6, 2019 meeting were approved as presented.

The basic package with the voice connect of the MYSENIORCENTER software has been purchased with COA formula grant funds for \$1,250. The package can be upgraded at any time with the original cost being applied to the upgrade. Training on the software will begin in September. The software program should be fully operational by October 15th.

CONGREGATE MEALS are going well with a core group of people in attendance each week. Additional volunteers have been helping but more are needed. A step by step guide has been developed to assist the kitchen volunteers. It was agreed to investigate the possibility of reaching out to local restaurants to possibly donate or supply at a reduced rate a luncheon fare on days when the congregate meal menu is not particularly appealing.

The town select board has volunteered to host an early morning breakfast once a month on Thursdays. These will begin in October of November. It was suggested that other town departments be approached to host similar events.

The SENIOR BBQ will be held on Tuesday, September 10th from 12 – 2 p.m. Fidelity bank has donated \$100 towards the event and employees will man the grill. Set-up for the event will begin at 11:00. Tables and chairs will be set up throughout the Center. The food will be set-up in the middle room. In addition to hamburgers and hot dogs, side salads and desserts will be purchased in addition to other food donations. Entertainment by the Hip Swayers will begin at 12:00 noon.

NEW PROGRAM UPDATES. The monthly calendar was reviewed. A new exercise/balance class begins in September on Monday afternoons. The possibility of offering other card/board games will be investigated. Seven people have signed up for Ukulele classes and will be offered on Thursdays from 11:30-12:15.

CULTURAL GRANT proposals will be written to bring Steve Henderson in for a play entitled “Mabel & Jerry: Obstacles to the Alter” around Valentine’s Day. Another grant may be written to support a music/dance program.

FALL SPECIAL EVENTS: The Flu Clinic will be held on Monday, September 30th, from 10:00-12:00. Other vendors will be invited to attend as well. Shingles shots for seniors will be offered later in the fall. Help is needed for set-up on September 30th.

Thanks to a cultural grant from this past year, Storyteller. David Bates, will offer entertainment on Wednesday, October 23rd, at 12:30 p.m. Refreshments (possibly cider and donuts) will be offered.

The board agreed not to plan a program for Halloween due to the poor response received last year. The possibility of holding an October fest was not approved as well.

It was agreed to hold a harvest luncheon, similar to last year's, on Tuesday, November 19th. Food for the event will be purchased from Boston Market.

A congregate meal will be offered on Tuesday, November 26th but will not be offered on Christmas Eve or New Year's Eve.

The Harrington Farms Luncheon will be held on Thursday, December 12th. Participants will be asked to sign up ahead of time. The event is open to Princeton residents only. The maximum count is 125.

An event will be planned in April (Volunteer Month), 2020 to recognize the many volunteers who support senior center activities.

NEWSLETTER REVAMPING. Princeton resident, Tomjon Borges, has volunteered to work with staff in making the monthly newsletter more visually appealing. Aimee noted she would like to keep the newsletter at 8 pages due to cost and mailing issues.

NEXT MEETING: TUESDAY, OCTOBER 1, 2019, 12:15 P.M.