

COUNCIL ON AGING BOARD MEETING MINUTES
WEDNESDAY, MARCH 6, 2024
9:00 A.M.
PRINCETON SENIOR CENTER, 206 WORCESTER ROAD

PRESENT: BOARD MEMBERS: Jane Giumette, Barbara Guthrie, Bill Lindquist, Donna MacKenzie,
Susan Stolberg (via zoom), Michael Warren
DIRECTOR: Judith Webster
ABSENT: ADMIN. & PROGRAM ASST: Kelly Aveni
BOARD MEMBER: Wendy Pape
BOARD ALTERNATE: Fran Thomas

Minutes of the February 7, 2024 meeting were approved as presented.

FY24 Financial Report. The COA budget is in good shape. The town has new accountants. Expenditures will not have to be moved between lines anymore. The COA is now on the town's amazon account. Purchases that are not made through amazon will have to be put on a personal credit card and then be reimbursed by the town.

Programming. Starting on March 19th, Diana Markley, a public health nurse who is geriatric certified, will provide monthly health screenings (blood pressure, diabetes scannings etc.) at the Senior Center. Hopefully she will also be able to provide flu and covid shots in the Fall. The VNA is unable to provide flu shots anymore due to the expense involved.

March is nutrition month. Judith will provide information re nutrition throughout the month on Facebook and Next Door.

A workshop on the software, CHAT GPT, will be offered on March 12th. This is an AI ap, similar to Google, which gives people the opportunity to find information. It has different levels, all of which are free, except for the highest level.

Thanks to a Cultural Council grant, 6 sessions of a watercolors class with Charlie Gray will be offered beginning in March. Other programs being offered in March and April include a Falls Prevention workshop on April 2nd, a presentation on climate change by retired weatherman, Harvey Leonard on April 11th, UFO's and Spy Balloons on April 16th and a talk on Alzheimer's will be offered on April 29th.

Pickleball will resume sometime in April. A pickleball clinic will be offered in May or June. Bill noted that he had a heavy duty container that he would be willing to donate to store the pickleball equipment in.

Judith is still working on finding presenters for a workshop on Zentangle/Doodle and Decluttering & Downsizing. She is also hopeful to be able to offer a cardmaking class perhaps in April as well as a Canva class.

Sixty-eight people participated in the Valentine's Day grab and go. A thank you has been sent to the Mountainside Café for their donation of the bars.

Services. Meals on Wheels is going well. Close to a dozen people have applied for fuel assistance.

Data Projects. The demographics/program survey is on hold.

Other Business. Scheduling while Kelly is out was reviewed. Board members will open and close the Center on Mondays and Tuesdays (when Judith is not present on March 26th). Judith will be at the Center every Wednesday and Thursday.

NEXT MEETING: APRIL 3, 2024 AT 9:00 A.M.

Meeting was adjourned at 10:45 a.m.